



2010 National Judges Cup Competition Schedule

FRIDAY, January 8, 2010			
GYM A		GYM B	
Modified Traditional Format		Capitol Cup Format	
Session 1A	Level 5	72	Session 1B
		Level 4	90
<p>9:00 - 9:20 Open Stretch</p> <p>9:20 - 9:30 March In</p> <p>12:30 AWARDS</p> <p>VT Kids In Motion - IN 4</p> <p>Top Flight - KY 8/7 t</p> <p>UB SIGS - IN 4 t</p> <p>Legacy Gymnastics - KY 7/7 t</p> <p>BB Capitol City - OH 7 t</p> <p>Tops Gymnastics - OH 6/6 t</p> <p>FX Gymquest - OH 8 t</p> <p>Fliptastic! - OH 5/5 t</p>	<p>9:00 - 9:20 Open Stretch</p> <p>9:20 - 9:30 March In - All Participants</p> <p>9:40 - Warm-Up - Flight II</p> <p>12:30 AWARDS</p> <p>FLIGHT I - VT Dayton Academy - OH 3</p> <p>SIGS - IN 9 t</p> <p>UB The Gym Company - IN 12 t</p> <p>BB Flip n Twist - OH 6 t</p> <p>GTC - OH 7 t</p> <p>FX Tops Gymnastics - OH 7 t</p> <p>FLIGHT II - VT GTC - OH 7 t</p> <p>Tops Gymnastics - OH 7 t</p> <p>UB Maverick - WV 4 t</p> <p>Gold Medal - OH 8 t</p> <p>BB SIGS - IN 11 t</p> <p>FX Flip n Twist - OH 9 t</p>		
Modified Traditional Format		Modified Traditional Format	
Session 2A	Level 5	72	Session 2B
		Level 8	48
<p>1:00 - 1:30 Open Stretch</p> <p>1:30 - 1:40 March In</p> <p>4:40 AWARDS</p> <p>VT Maverick - WV 2</p> <p>Tops Gymnastics - OH 6/7 t</p> <p>UB SIGS - IN 7 t</p> <p>Gold Medal - OH 6/7 t</p> <p>BB The Gym Company - IN 5/5 t</p> <p>GTC - OH 6/6 t</p> <p>FX Competitive Edge - KY 3 t</p> <p>Flip n Twist - OH 7/7 t</p>	<p>1:00 - 1:30 Open Stretch</p> <p>1:30 - 1:40 March In - All Participants</p> <p>4:40 AWARDS</p> <p>VT Dayton Academy - OH 1</p> <p>Precision Gym Academy - NM 1</p> <p>Cassell - MI 2</p> <p>Legacy Gymnastics - KY 7 t</p> <p>UB Kids In Motion - IN 1</p> <p>Maverick - WV 1</p> <p>Midwest - OH 2</p> <p>Capitol City - OH 4 t</p> <p>Auburn Gymnastics - WA 5 t</p> <p>BB Tops Gymnastics - OH 3</p> <p>Top Flight - KY 3</p> <p>SIGS - IN 6 t</p> <p>FX The Gym Company - IN 1</p> <p>Bronco Elite - ID 2</p> <p>Gold Medal - OH 3 t</p> <p>Gold Cup - NM 6 t</p>		



2010 National Judges Cup Competition Schedule

FRIDAY, January 8, 2010 (Continued)					
GYM A			GYM B		
Modified Traditional Format			Modified Traditional Format		
Session 3A	Level 7	44	Session 3B	Level 9	28
5:00 - 5:30 Open Stretch 5:30 - 5:40 March In 9:00 AWARDS VT Tops Gymnastics - OH 8/8 t UB MA Individual 1 Dayton Academy - OH 1 Kids In Motion - IN 3 Bronco Elite - ID 3 t BB Leading Edge - WA 1 Emerald City - WA 1 Legacy - KY 8 t FX Danik Universal - ID 2 Capitol City - OH 2 Top Flight - KY 2 Competitive Edge - KY 6 t			5:00 - 5:30 Open Stretch 5:30 - 5:40 March In 7:45 AWARDS VT Maverick - WV 1 Precision - NM 1 The Gym Company - IN 2 Gold Cup - NM 4 t UB Gold Medal - OH 1 Cassell - MI 2 Legacy - KY 2 BB Auburn Gymnastics - WA 7 t FX Midwest - OH 3 t SIGS - IN 5 t		



2010 National Judges Cup Competition Schedule

SATURDAY, January 9, 2010			
GYM A		GYM B	
Modified Traditional Format		Capitol Cup Format	
Session 4A	Level 3	Session 4B	Level 4
46		91	
<p>8:00 - 8:20 Open Stretch</p> <p>8:20 - 8:30 March In</p> <p>10:30 AWARDS</p> <p>VT Sportastiks - IN 4 t</p> <p>Ky Gym Academy - KY 7 t</p> <p>UB Extreme - KY 3</p> <p>SIGS - IN 8 t</p> <p>BB Gymquest - OH 13 t</p> <p>FX Maverick Gymnastics - WV 2</p> <p>Excel - KY 4 t</p> <p>Competitive Edge - KY 5 t</p>		<p>8:00 - 8:20 Open Stretch</p> <p>8:20 - 8:30 March In - All Participants</p> <p>8:40 - Warm-Up - Flight II</p> <p>10:40 AWARDS</p> <p>FLIGHT I - VT Tops Gymnastics - OH 13 t</p> <p>UB Kids In Motion - IN 7</p> <p>Sportastiks - IN 6 t</p> <p>BB Capitol City - OH 9 t</p> <p>FX Gymquest - OH 10 t</p> <p>FLIGHT II - VT Legacy - KY 15 t</p> <p>UB Gionastics - TX 3 t</p> <p>SIGS - IN 8 t</p> <p>BB Halker's Gold - OH 8 t</p> <p>FX Wildcard - KY 4 t</p> <p>Fliptastic! - OH 8 t</p>	
Modified Traditional Format		Capitol Cup Format	
Session 5A	Prep Op	Session 5B	Level 7
64		73	
<p>10:45 - 11:15 Open Stretch</p> <p>11:15 - 11:25 March In</p> <p>2:45 AWARDS</p> <p>VT Sportastiks - IN 3 t</p> <p>The Gym Company - IN 6 t</p> <p>Capitol City - OH 6 t</p> <p>UB Extreme - KY 3</p> <p>SIGS - IN 14 t</p> <p>BB All American - KY 3 t</p> <p>Wildcard - KY 3 t</p> <p>River City Turners - KY 10 t</p> <p>FX Fliptastic! - OH 4 t</p> <p>Hoosier Gymnastics - IN 6 t</p> <p>KY Gym Academy - KY 6 t</p>		<p>10:45 - 11:15 Open Stretch</p> <p>11:15 - 11:25 March In - All participants</p> <p>11:40 - Warm-Up - Flight II</p> <p>2:20 AWARDS</p> <p>FLIGHT I - VT Cassell - MI 1</p> <p>The Flip Zone - IN 1</p> <p>Gold Cup - NM 6 t</p> <p>UB Sportastiks - IN 5 t</p> <p>Auburn Gymnastics - WA 6 t</p> <p>BB Parkettes - PA 3 t</p> <p>Maverick - WV 6 t</p> <p>FX Valiant - KY 1</p> <p>Excel - KY 1</p> <p>Gold Medal - OH 6 t</p> <p>FLIGHT II - VT Westside - IN 2</p> <p>PA All-Stars - PA 6</p> <p>UB Hoosier Gymnastics - IN 5 t</p> <p>GTC - MI 6 t</p> <p>BB NorCal Individual - CA 1</p> <p>Midwest - OH 8 t</p> <p>FX Exceleation - OH 3 t</p> <p>Auburn Gymnastics - WA 6 t</p>	



2010 National Judges Cup Competition Schedule

SATURDAY, January 9, 2010 (Continued)			
GYM A		GYM B	
Modified Traditional Format		Capitol Cup Format	
Session 6A	Level 10	26	Session 6B
Level 7 - 1st Half State Team Challenge			
2:45 - 3:15 Open Stretch 3:15 - 3:30 March In 5:30 AWARDS VT Gym-Nation - OH 1 SIGS - IN 5 t UB Auburn Gymnastics - WA 7 t BB GTC - MI 1 Halker's Gold - OH 1 Gold Cup - NM 1 Legacy - KY 2 Midwest - OH 2 FX Gold Medal - OH 1 Hoosier Gymnastics - IN 1 Excelleration - OH 2 Gem City - OH 2	2:45 - 3:15 Open Stretch (3 per team) 3:15 - 3:30 March In - All State Teams 3:45 - Warm-Up - Flight II 6:15 END 1ST HALF - STATE TEAM Flight I - VT Alabama 3 Connecticut 3 UB Kansas 3 Kentucky 3 Idaho 3 BB Illinois South 3 Illinois North 3 Indiana 3 FX Louisiana 3 Maryland 3 Flight II - VT Massachusetts A 3 Massachusetts B 3 UB Michigan 3 Missouri 3 New Mexico 3 BB Norcal 3 Oklahoma 3 Pennsylvania 3 FX Texas 3 Washington 3		
Modified Traditional Format		Capitol Cup Format	
Session 7A	Level 6	72	Session 7B
Level 7 - 2nd Half State Team Challenge			
6:00 - 6:20 Open Stretch 6:20 - 6:30 March In 9:30 AWARDS VT The Gym Company - IN 2 Gionastics 2 Gymquest - OH 5 t Wildcard Gymnastics - KY 8 t UB SIGS - IN 2 Midwest - OH 2 Gold Medal - OH 3 t Fliptastic! - OH 5 t Flip n Twist - OH 7 t BB Legacy - KY 1 Halker's Gold - OH 7 t GTC - MI 11 t FX Valiant Gym Academy - KY 1 Excelleration - OH 4 t Gem City - OH 6 t GTC - OH 8 t	5:30 - 6:00 Open Stretch in Gym A 6:15 - 6:25 Introductions at Event 9:20 AWARDS Flight I - VT Oklahoma 3 Pennsylvania 3 UB Texas 3 Washington 3 Massachusetts A 3 BB Massachusetts B 3 Michigan 3 Missouri 3 FX New Mexico 3 Norcal 3 Flight II - VT Illinois South 3 Illinois North 3 UB Indiana 3 Louisiana 3 Maryland 3 BB Alabama 3 Connecticut 3 Kansas 3 FX Kentucky 3 Idaho 3		



2010 National Judges Cup Competition Schedule

SUNDAY, January 10, 2010					
GYM A			GYM B		
Modified Traditional Format			Capitol Cup Format		
Session 8A	Level 9	33	Session 8B	Level 3	81
8:00 - 8:30 Open Stretch 8:30 - 8:40 March In 11:00 AWARDS VT GTC - MI 4 t Gym-Nation - OH 4 t All American - KY 4 t UB B&B - OH 4 t Gem City - OH 4 t BB Olympic Warrior - MS 1 Hoosier Gymnastics - IN 1 Wildcard - KY 1 FX Auburn - WA 7 t Competitive Edge - KY 1 Infinity - MI 2			8:10 - 8:30 Open Stretch 8:30 - 8:40 March In 8:50 Warm-Up - Flight II 10:40 AWARDS FLIGHT I - VT Tops Gymnastics - OH 10 t UB Legacy - KY 10 t BB All American - KY 5 t SIGS - IN 5 t FX Gym-Nation - OH 9 t FLIGHT II - VT SIGS - IN 10 t UB Gym-Nation - OH 4 t All-American - KY 6 t BB Legacy - KY 11 t FX Legacy - KY 5 t Tops Gymnastics - OH 6 t		
Modified Traditional Format			Capitol Cup Format		
Session 9A	Level 5	72	Session 9B	Level 8	64
11:15 - 11:45 Open Stretch 11:45 - 11:55 March In 2:55 AWARDS VT Sportastiks - IN 3 t Excel - KY 4 t Wildcard - KY 5 t Hoosier Gymnastics - IN 6 t UB GTC - MI 18 t BB River City Turners - KY 1 All American - KY 6 t GTC - MI 12 t FX Competitive Edge - KY 3 t KY Gym Academy - KY 5 t Valiant - KY 6 Halker's Gold - OH 6 t			11:15 - 11:45 Open Stretch 11:45 - 11:55 March In - All Participants 12:15 - Warm-Up - Flight II 2:50 AWARDS FLIGHT I - VT GTC - MI 8 t UB Competitive Edge - KY 2 Gym-Nation - OH 6 t BB Infinity - MI 1 Gymnastics World 7 t FX Extreme - KY 1 Hoosier Gymnastics - IN 1 B&B Gymnastics - OH 5 t FLIGHT II - VT Gymnastics World 8 t UB Olympic Warrior - MS 1 River City Turners - KY 1 Halker's Gold - OH 7 t BB Excel - KY 1 K.C.s Gymnastics - KY 1 All American - KY 6 t FX Gymnastics World 8 t		



2010 National Judges Cup Competition Schedule

SUNDAY, January 10, 2010 (Continued)					
GYM A			GYM B		
Modified Traditional Format			Capitol Cup Format		
Session 10A	Level 7	52	Session 10B	Level 4	95
3:15	-	3:45	Open Stretch		
3:45	-	3:55	March In		
6:55	AWARDS		3:15	-	3:30
			Open Stretch		
			3:30	-	3:40
			March In - All Participants		
			4:05	-	Warm-Up - Flight II
			6:45	AWARDS	
VT	Olympic Warrior - MS	1	FLIGHT I -	VT	Gymnastics Unlimited - IN
	ID Individual	1		UB	Top Flight - KY
	B&B Gymnastics - OH	3 t			Hoosier Gymnastics - IN
	All American - KY	8 t		BB	Excel - KY
UB	KY Gym Academy - KY	6 t			Gem City - OH
	Wildcard - KY	7 t		FX	All American - OH
BB	Infinity - MI	1			Tops Gymnastics - OH
	Extreme - KY	3	FLIGHT II -	VT	Valiant Gym Academy - KY
	Gym World - OH	9 t			Kentucky Gym Academy - KY
FX	River City Turners - KY	1		UB	Tops Gymnastics - OH
	Gem City - OH	4 t			Gem City - OH
	Gym-Nation - OH	8 t		BB	Extreme - KY
					Top Flight - KY
				FX	Competitive Edge - KY
					9 t